

Beth Shirley, RPh CCN  
Director of Education and Research  
Approved Medical Solutions

Beth Shirley, RPh CCN is a Registered Pharmacist and Certified Clinical Nutritionist who has developed unique expertise as both a pharmacist and certified clinical nutritionist during a distinguished 40+ year career which includes educational programs, wellness department development and management, new product formulation, integrative material development covering the entire range of key clinical nutrition issues for distribution to health practitioners and consumers, and medical practice development and marketing.

She has been a pioneer at the cutting edge of the evolution of what has now come to be known as “Integrative Pharmacy” ...the junction between traditional pharmacy and the clinical use of nutritional supplementation to support health.

Since 2009, Beth has worked in close collaboration with some of the world’s leading thought leaders in the field of nitric oxide research. Through this, she has developed an in-depth knowledge on the topic and its potential beneficial applications in multiple aspects of patient care.

In addition, she has worked closely with the scientific community and cutting-edge companies working on innovative nutritional ingredients and approaches to their use for a variety of life’s challenges. In fact, Beth formulated a product that was awarded the first patent on a supplement to increase sexual desire and satisfaction.