

Melissa Grill-Petersen, DC, MS, BCHH
Founder & Director of the Human Longevity Institute

Dr. Melissa Petersen is a sought out expert in thriving! As a visionary female leader in the fields of human potential and precision longevity, she redefines the limits of what is possible in human flourishing. For over 20 years as a doctor, best-selling author, TEDx speaker and thought leader in the integrative health & wellness industry, she's been helping experts and enthusiasts alike optimize human potential. Through epigenetics and longevity, she delivers evidence-based precision solutions to help people live longer, healthier and more fulfilling lives.

She is the founder of the Human Longevity Institute, host of the Longevity Summit, author of the best-selling book, the Codes of Longevity, an adjunct professor of continuing education at Life University, a clinical educator for Medfit and is an advisory board member to Grr-ithm AI technologies.

Her clinical training and background include a Licensed Doctor of Chiropractic & Epigenetic Human Performance Coach, with a Board Certification in Holistic Health and a Masters in Wellness Leadership and Performance. Dr. Melissa holds over 1,200 hours in post-graduate studies and certifications including NLP/HNLP Master Coach, Wellness Coach, Clinical Nutrition, Functional Medicine, NASM Certified Personal Trainer and Agility Coach, Fitness, Nutritionist, Yoga and Meditation Instructor.

She is a clinician, educator, consultant and influencer that has worked across disciplines to lead the way in delivering solutions that are researched, vetted and work helping people and practitioners flourish and thrive! From primary care and medical spas to functional and physical medicine clinics to online telehealth and offline wellness centers, Dr. Melissa has owned, operated and collaborated within them all. Blend this with her past fitness and television career in the world of professional wrestling and you get a powerhouse that brings the best of clinical with real-world experience across disciplines to uplift, inspire and ignite people around the globe to express greater states of health, wellbeing and human flourishing for generations to come.