

Kent Holtorf, MD

Kent Holtorf, M.D. is the medical director of the Holtorf Medical Group (www.HoltorfMed.com) and a founder and director of the non-profit National Academy of Hypothyroidism (NAH) (www.NAHypothyroidism.org), which is dedicated to the dissemination of new evidence-based information to doctors and patients on the diagnosis and treatment of hypothyroidism and advanced integrative diagnostic and treatment protocols. He has personally trained numerous physicians across the country in the use of bioidentical hormones, hypothyroidism, peptide therapy, stem cell therapy, complex endocrine dysfunction and innovative treatments of chronic fatigue syndrome, weight loss, fibromyalgia, and chronic infectious diseases, including Lyme and related diseases. Lyme and associated diseases have been the focus of the Holtorf Medical Group centers and have been a passion of Dr. Holtorf's for over 15 years.

Dr. Holtorf is a guest editor and peer-reviewer for a number of medical journals, including *Endocrine*, *Postgraduate Medicine* and *Pharmacy Practice*. Dr. Holtorf has published a number of peer-reviewed endocrine reviews, including on the safety and efficacy of bioidentical hormones, inaccuracies of standard thyroid testing, testosterone replacement for men and women, the diagnosis and treatment of growth hormone deficiency and on the diagnosis, treatment of adrenal dysfunction in chronic fatigue syndrome and fibromyalgia, peripheral thyroid hormone conversion and its impact on TSH and metabolic activity, and the clinical applications of thyroid hormone transport into cellular tissue. He has helped to demonstrate that much of the long-held dogma in endocrinology and infectious disease is inaccurate. He has lectured for prestigious medical societies across the United States and worldwide. He is a fellowship lecturer for the American Board of Anti-Aging Medicine and was the Endocrinology Expert for AOL Health. He is a contributing author to Denis Wilson's recently published *Evidenced-Based Approach to Restoring Thyroid Health*.

Dr. Holtorf has been a featured guest on numerous TV and radio shows, including CNBC, ABC News, CNN, EXTRA TV, Discovery Health, The Learning Channel, The Today Show, The Doctors, Dr. Dean Edell, CBS News, RT News, Glenn Beck, Nancy Grace, Fox Business, ESPN, Rush Limbaugh, CBS Sunday Morning, Sean Hannity, and So Cal News. He has been quoted in numerous print media including the Wall Street Journal, Los Angeles Times, US News and World Report, San Francisco Chronicle (front page), WebMD, Health, Elle, Better Homes and Garden, US Weekly, Forbes, Cosmopolitan, New York Daily News, and Self magazine among many others.