

Chad Alan Yarbrough, DC

I am Dr. Chad Alan Yarbrough, D.C., a licensed chiropractor, and practitioner of functional medicine from Nashville, Tennessee. As a seasoned lecturer and educator since 2011, I had the opportunity to work with Olympic-level athletes and individuals from coast to coast. I grew up caring for my father who suffered from Amyotrophic lateral sclerosis (ALS). Visiting one doctor after another without obtaining any effective solution changed my perception about the cause of illnesses. Experience taught me to treat the entire body through identification of the underlying cause of diseases and disorders, as opposed to just looking onto symptoms or diagnoses.

Health Partner

As the founder of MaxGen Labs I have learned to treat every individual as having a unique body that must be understood according to their biochemical, neurological, and structural makeup.

Using gene tests and genetics reports, I may be able to determine the underlying causes of health problems. These findings may be able to provide treatment and health care options in accordance with the individual's gene profile.

I highly consider genetic tests as the least invasive method which may help in recommending the best course of action for achieving optimal health.

Medical Practitioner

Being a practicing clinician, I take an active role in providing more understanding of autism, cognitive health, hormone-related conditions, auto-immune diseases, weight loss, chronic fatigue, and environmental toxins that impede methods for maximizing overall health.

It has been a goal to examine the genetic makeup of individuals by conducting gene tests to gain a comprehensive understanding of what afflicts them or what may afflict them in the future.

Proactive Professional

Confronted with challenges of complicated cases, I have consistently utilized functional testing, neurological, structural, genetic and laboratory analysis to help devise individualized care plan for every individual based on their unique gene traits.

And as a faculty expert for Boston BioLife Regenerative Medicine, I bring together practicing clinicians while I share with them knowledge in genetics integrated with clinical practice.